

# January 2015



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	30	31	1	2	3	4
	6	7	8	9	10	11
	13	14	15	16	17	18
	20	21	22	23	24	25
	27	28	29	30	31	1



## Youth Programs:

### Teen Meeting

January 27 ~ 5pm Planning

### YO Meeting

January 26 ~ 5-7 pm Super Bowl Party

### Winter TAFFY

January 9, 16, 23, 30 5-7pm 'BINGO'

Volunteer Opportunities Available  
Youth Dept. : 562-8443 ext 307



## CALENDAR

January 1 ~ Closed ~ HAPPY NEW YEAR

January 6 & 7 AARP Driver Safety Class

January 8 ~ Italian Cooking class

January 9, 16, 23, 30 Winter TAFFY / Bingo

January 12, 26 'Community Jam Session'

January 18 YO meeting / Super Bowl Party

January 22 ~ Historical dinner

A HAPPY  
NEW YEAR

## Eat Well, Live Well Lunch

Mon./Wed./Thurs.

Lunch 11:30 am

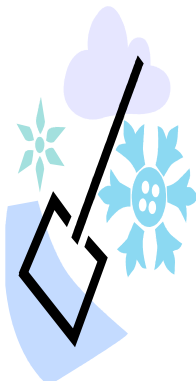
Suggested donation \$3

Sponsored by:

Office of Aging & Long Term Care

Please call 737-5520 one day in  
advance for reservations

Monthly Menus available in Lobby



## Senior Monthly Dinner

Bring a dish to pass

First Wednesday of the month

\*(except January & February)

March 4, 2015 6:00 pm

~ All are Welcome ~

## ~Calling all Musicians ~

Looking to Share your talents and learn new  
music and most of all have FUN?

### Community Jam Session

Hosted by: Dicky T's Reminiscence

2nd & 4th Monday / month 6-9pm

Starting January 12, 2015

Big Flats Community Center

Open to all musicians of any talent & skill level



## Italian Cooking Class

with MaryAnne Holleran

Thursday, January 8, 2014

6:30-8:30 pm

Cost \$20 / person

### MENU:

Fennel Salami Carpaccio

Cannelloni w/Spinach & Ricotta

Honey Orange Cookies

Space is limited; call office to sign up

Next class: February 5, 2015



## AARP Defensive Driving Class

January 6 & 7 ~ 5:30 - 9:00 pm

Fee: \$20 for AARP Members

\$25 for Non-members

Call/stop in to register for classes

562-8443 ext 303



# January 2015

## Exercise Classes:

### Dance with Tracy Wigley:

#### **Intermediate Latin Dance**

Mondays 6:30-7:30 pm / Fee: \$15 per class

#### **Tango**

Mondays 7:30-8:30 pm / Fee: \$15 per class

#### **Kids Ballroom & Latin Dance Level 1**

Mondays 4:00-5:00pm / Fee \$10 per class

#### **Kids Ballroom & Latin Beginners Level 2**

Thursdays 4:00-5:00pm / Fee \$10 per class

#### **Social Dance for Beginners**

Thursdays 6:30-7:30 pm / Fee: \$15 per class

#### **Ballroom & Latin Improvers Dance Class**

Thursdays 7:30-8:30 pm / Fee: \$15 per class

### Bone Builders

Tuesdays/Thursdays 10:00-11:00 am

Call Cornell Cooperative Extension 734-4161 to register.

(doctor's release and paperwork required for new participants)

### Flexibility Exercises

(using chairs for balance)

Mon/Wed/Fri 10:30-11:30 am

### 'Gentle' Yoga-Karen Clark Romans:

Tuesdays 6:00-7:00 pm

Thursdays 6:00-7:00 pm

Fee: \$42/6 classes; \$10 Drop-in

### Zumba with Vicki Rossettie:

Wednesdays 7:30-8:30 pm

\*Thursdays 12:30-1:30 pm

Fee: \$42/6 classes; \$9 Drop-in

### Zumba with Amanda Wylie:

Mondays 5:15-6:15 pm

Thursdays 5:15-6:15 pm

Fee: \$25/6 classes; \$5 Drop-in



The **Bright Red Bookshelf** provides **FREE** books. Look for the **Bright Red Bookshelf** in the outer lobby and take a book or two for the children in your life. Book donations accepted in the office.

The red rolling book cart has books for adults available to the community for free. Please feel free to take a book and/or donate a book back.

Available in the outer lobby.



## **Big Flats Historical Society Dinner**

**January 22~ 6:00 pm**

Bring a dish to pass and  
your table setting.

**~ All are Welcome ! ~**

## Creative Hands:

### ART:

#### Tuesday Painting

Tuesday 1-4 pm

BYO Project



#### Portrait Workshop

Wednesday 1-4 pm

\$8.00/Class

#### Ceramic Painting

Monday 12-3 pm

BYO Project

### Sewing / Knitting:

#### "Senior Sewing"

Wednesday 9-Noon

BYO Project

Instruction available



#### "Knit 'n Knots"

Friday 9-Noon

BYO Project.

Instruction available

## **Card Games:**

Monday: **BRIDGE**

Tuesday: **The Players / Bridge**

Wednesday: **EUCHRE**

Friday: **PINOCHLE**

**12:30-4:00 pm**

**Come and play!**

**All are Welcome!**



## **Big Flats Community Center**

476 Maple St. Big Flats, NY 14814

607-562-8443 x. 303

5DD-711

communitycenter@bigflatsny.gov

Office Hours 8am - 4pm

Website: [www.bigflatsny.gov](http://www.bigflatsny.gov)